

MARCH 1 - 12, 2028

12 DAYS, 11 NIGHTS

# ANTARCTICA - 7TH CONTINENT

(TRADITIONAL TRAVEL EXPERIENCE)

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## Traditional Travel with Sisters Traveling Solo

Sisters Traveling Solo traditional trip experiences are fun and experiential tours that are designed for those sisters wanting to visit popular tourist destinations. These tours are great for beginners to the most experienced travelers. Be sure to bring your camera, because we plan these trips to be packed with post worthy instagram moments.

Be sure to tag us @sisterstravelingsolo on Instagram.

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## Tentative Itinerary



### **DAY 1: ARRIVAL INTO USHUAIA**

Trip attendees should plan to arrive in Ushuaia, Argentina. After landing collect your bags and meet your driver.

In the evening, we will all get together for a welcome dinner. Over dinner, we will get to know each other.

**Hotel Check-In:** 3 PM local time.

**Meal(s) Included:** Breakfast, Dinner

### **DAY 2: DEPART FOR ANTARCTICA**

This morning is yours to spend sleeping in or taking in a few sights in Ushuaia. Ushuaia is the world's southernmost town. Explore the quaint city or local countryside. Alternatively, consider a day trip off the beaten path to Tierra del Fuego's raw, natural archipelago. It's a hiker's paradise with rugged snow-capped mountains, glaciers, flower-filled meadows, and boggy quagmires.

In the afternoon, we board our ship, Ocean Atlantic. Our journey begins as we navigate through the calms of Beagle Channel, a strait in the Tierra del Fuego Archipelago.

Meals: Breakfast and Dinner



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## **DAY 3 - 4: CROSSING THE DRAKE PASSAGE**

Sailing onward, we cross the famed Drake Passage - a body of water that marks the intersection of the cold Antarctic with the warmer Atlantic and Pacific Oceans.

The Drake Passage is known for rollicking conditions and strong westerly winds, called the Roaring Fifties. While this passage may be challenging, you can rest confidently aboard our expedition vessel, Ocean Atlantic, purpose-built with stabilizers, powerful engines, and a highly qualified crew. The most spirited sailors consider the Drake Passage a lifetime achievement, and you will complete the crossing twice!

In the Drake, the excitement builds as Antarctic wildlife comes into view. Weather permitting, we will catch our first sight of seals and penguins! The area is also well-known for its abundance of birds.

Meals: Breakfast, Lunch and Dinner on the ship.

## **DAY 5 - 9: SOUTH SHETLAND ISLAND & THE ANTARCTIC PENINSULA**

Over the next few days, we will explore the sub-Antarctic islands of the South Shetland chain first.

Projected land excursions off-ship include: King George Island, Deception Island, an extinct volcano with waters warm enough for a polar swim and Half Moon Island with nesting Wilson's storm petrels and chinstrap penguins.

As the white shimmer of Antarctica looms on our horizon, the presence of wildlife multiples by tens of thousands with many species of lively penguins, inquisitive seals, nesting birds, and the spray of marine mammals. Wildlife abounds along our projected route along the Antarctic Peninsula: leopard, fur, and Weddell seals of Cuverville Island; humpback whales of Gerlache Strait; Paradise Bay; the dramatic Lemaire Channel's orcas.

The itinerary and activities over the next few days, depending on weather and ice conditions. The route and shore landings will be determined by the captain and expedition leader and communicated to guests through regularly scheduled briefings.

Meals Included: Breakfast, Lunch and Dinner on the ship.



## **DAY 10 - 11: CROSSING THE DRAKE PASSAGE NORTHBOUND**

It's time for us to depart Antarctica. We will spend two days at sea on our way northwards back across the infamous Drake Passage towards the more welcoming shores of the Beagle Channel and Ushuaia, Argentina. During our time at sea, a variety of activities will be arranged on board to provide our guests with the chance to reflect on their voyage. Relax with an expertly crafted.

Meals Included: Breakfast, Lunch and Dinner on the ship.

## **DAY 12: BACK TO USHUAIA**

This morning, we arrived back in Ushuaia, where our tour ends. Our ship should arrive back in Ushuaia no later than 9 AM. After docking, we will take the provided morning expedition transfer to the airport.

**Meal(s) Included:** Breakfast

Ship Meal Notes: Meals on the ship do not include beverages. Guests will have to purchase beverages packages for non-alcohol and alcoholic beverages. There are free water stations located throughout the ship.

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## What's Included:

### **EXHIBITION**

(10) night Antarctica exhibition: (March 2 - 12, 2028).

Vessel details / name of ship to be provided 8-weeks prior to trip departure.

Ship Facilities include a restaurant, bar, observation area, lecture room, library, boutique, reception, clinic, fitness, spa, pool, jacuzzi, mudroom, elevator, stairs.

### **ACCOMMODATIONS**

**(1) night in 4-Star Ushuaia hotel** (March 1 - 2, 2028)

Hotel rooms will consist of one full or two twin beds based on occupancy. Trip attendees in a triple cabin will be placed in a double hotel room.

### **MEALS**

Welcome Dinner at Ushuaia hotel

Full board on the ship - breakfast, lunch, dinner, and snacks

Included tea and coffee 24 hours daily on the ship

### **TOURS & ACTIVITIES**

**Daily Zodiac Excursions** - Essential for expedition cruises, Zodiacs are robust boats that can go up on a beach, a rocky outcrop, a river bank or even an ice floe push through bergy bits of ice floating in the water. This is definitely one of the assets that distinguishes this way of exploring from more conventional cruises.

Zodiacs enable our guests to explore the scenery from a very different perspective:

They allow us to safely do landings in wild places with no infrastructure, often before or after a landing or as the main excursion. They allow us to take our guests to interesting places just around the corner or around an iceberg, which is a great way to get really near wildlife or to watch the ice formations up close, take unimaginable photographs and feel a closer connection to the nature in the area. Most of the zodiac operations are planned in advance, but they can also be used spontaneously if we discover some unique sightings on our way.

If you can negotiate normal stairs you can also get in and out of a Zodiac. In the gangway we have strong seamen that will give you a firm and helping hand. On shore you will also get help when needed. It's important to keep both hands free, so you can accept the provided support.

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Sitting on the boat, you just need to hold on to the rope and enjoy the fresh Polar air and the scenery.

### **LOCAL TRANSPORTATION**

All ground transportation to ship.

### **AIRPORT TRANSFERS**

**Arrival Transfers:** Sisters Traveling Solo will provide arrival transfers between 5 AM - 11 PM (local time) from Ushuaia airport to our host hotel. Transfers to be made based on trip attendee arrival times. Attendees coming in within an hour of each other will be placed on the same transfer.

**In-town Transfer (Ushuaia):** Sisters Traveling Solo will arrange (1) group transfer from our host hotel to our vessel.

**Departure Transfer:** Departure transfers back to the airport will be handled by the expedition company.

### **EXCURSIONS**

All landings and excursions as per itinerary

### **GEAR/EQUIPMENT**

Expedition parka + Rubber boot rentals

### **GUIDE/LECTURES**

Guiding and lectures by our expedition leader and team; English-speaking expedition team; Special photo workshop; Digital visual journal link after the voyage, including voyage log, gallery, species list, and more!

### **FEES**

Port fees, IAATO fees, taxes, and tariffs

### **What's NOT Included:**

International flights, gratuity, travel visa, travel insurance, or any other cost / item / activity not listed in “what’s included” section. The below activities are not included in the trip cost but can be secured by trip participants while aboard our vessel. These activities can only be purchased on board the ship.

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**Polar Plunge (Free)** - The Polar Plunge is scheduled once during each voyage if weather permits. Participating in the Polar Plunge is optional, and at your own risk. The Polar Plunge sometimes takes place onshore or, in many cases, from the gangway or Zodiac.

**Open Air Camping** - Would you like to experience the ultimate Antarctic expedition adventure, like the original explorers did? Then join us for a night under the open skies on the actual Antarctic Peninsula!

**Kayaking Experience** - Glide through the waters and take in the royal grace of the icebergs, see the varied birds and seals, and maybe even the whales in their natural habitat under the supervision of experienced kayak guides, who will ensure your safety during each outing. Although kayaking opportunities are possible in most locations during each excursion in the Antarctic region, weather, sea, and ice conditions will dictate when and where to ensure your safety and improve your experience.

To participate in this activity, you need to have previous kayaking experience and attend a mandatory safety briefing by the Kayak Master.

**Snowshoeing Experience** - Snowshoeing is an activity that allows you to hike across soft, powdery snow up gentle slopes to reach unique vantage points without the hassle of sinking into deep snow. Snowshoeing is as basic as hiking, and you do not need to have previous experience. The snowshoe program is not intended to occur during all landing activities, but rather when the weather, terrain, and snow conditions are appropriate. The duration is approximately 2 - 3 hours.

All activities are based on the weather conditions and are subject to change or be cancelled.